

Case study: Health and Social Care Apprentice

Jemma Free - Aldanat Care



What does your Apprenticeship involve?

I carry out personal care, ensure the health and safety of residents, sort out activities and days out, take residents to college and appointments and have key worker responsibilities such as buying toiletries.

How did you hear about Apprenticeships?

I had already completed a Hairdressing Apprenticeship before I started in Social Care. I decided at that time I wanted a career change. I believe that Apprenticeships are the best way to both work and learn at the same time.

Why did you choose Social Care?

I learned about the vacancy through the direct.gov website and I had thought about doing Social Care when I was doing my Hairdressing Apprenticeship. Social Care is a rewarding career and I wouldn't do anything else now that I am working here. I have been able to use previous skills in this role as well as developing new ones.

What have you learnt since starting your Apprenticeship?

The importance of Care work and how rewarding it is. The Apprenticeship has given me an insight into what Care is all about like shift work and sleep-ins. I have developed better communication skills and feel I have taken really well to the role and built good relationships with the residents and staff. I have learnt about needs and how to adapt to each resident's needs. I have learnt especially that your everyday job makes such a big difference to their lives and needs.

Is there anything else you would like to add?

My plan is to stay in Social Care and complete a Level 3 qualification and go into a more senior role.

**Aldanat Care received funding from Essex County Council through the Essex Apprentice Wage Subsidy scheme. For further information please contact Tom Bendy on 01245 433075
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Further details can be found at:
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Essex County Council