

# VOLUNTEER WITH US

Do you have  
one or more  
hours a week

Are you looking  
to get back



Are you unsure  
about what  
career path

Interested in  
joining our

## Volunteering with CVST could be the answer.

Current volunteering opportunities at CVST include:

- Befriending
- Bereavement/friendship support
- I.T.
- Handyman/D.I.Y.
- Leaflet droppers
- Events (as and when basis)
- Door knocking
- Reception/admin
- Hospitality
- Reception/hospitality

Feedback from two of our recent recruits included the comments:

*"I find working here very friendly.  
We are looked after and are not  
taken for granted."*

*"I am amazed at everything CVST  
can offer; both for the volunteers  
and the public."*

We are always pleased when one of our volunteers is successful in finding a paid position. Daniel, one of our younger volunteers has just found employment with Essex Carers Support. When asked how he felt on being appointed his new role, his response was, **"Excellent"**.

In addition to specific training for the volunteer role we also hold informal sessions where we invite guest speakers to talk to our team of recruits. This keeps us up-to-date with the work that other volunteer groups do.

**Please come and visit us at our centre and pick up a**



Charitable Company Limited by Guarantee. Registered in England 5325167 Registered charity No. 1108177 28/11/2013



Community  
Voluntary  
Services  
Tending

Community Information Centre  
20-22 Rosemary Road  
Clacton on Sea  
Essex CO15 1NZ

01255 425 692  
[admin@cvstending.org.uk](mailto:admin@cvstending.org.uk)  
[www.cvstending.org.uk](http://www.cvstending.org.uk)

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